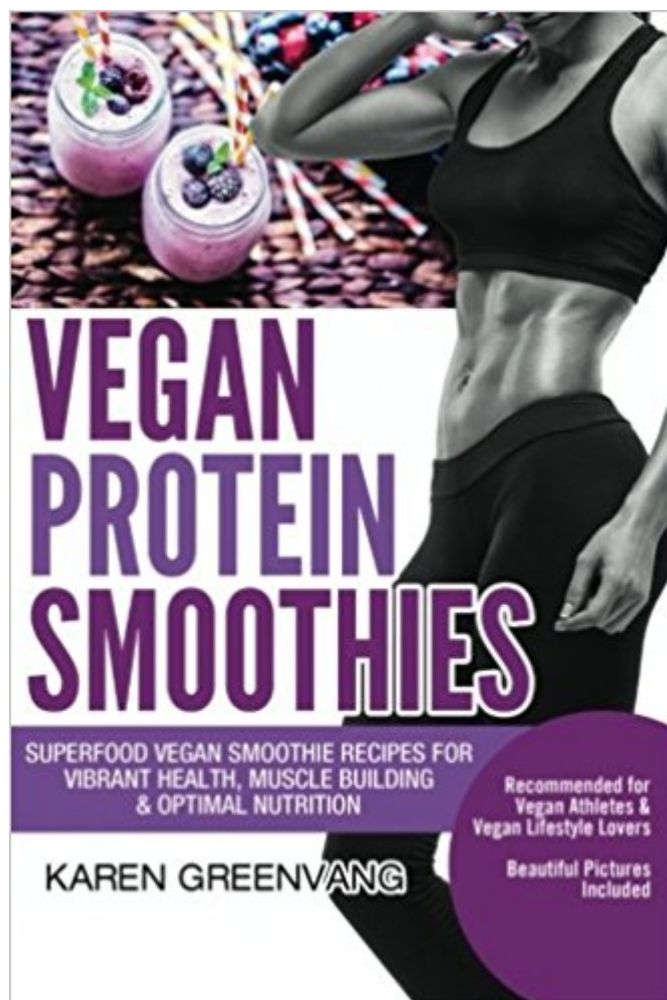


The book was found

Vegan Protein Smoothies: Superfood Vegan Smoothie Recipes For Vibrant Health, Muscle Building & Optimal Nutrition (Vegan Cookbooks, Vegan Smoothies, Vegan Smoothie Recipes) (Volume 1)





Synopsis

With Beautiful Pictures and Super Healthy Recipes, This Book Can be a Fantastic Gift for Someone You Love! Boost Your Health and Achieve Optimal Wellness with Delicious, Nutritious & Cruelty-Free Vegan Smoothies | You are just about to discover a myriad of super tasty, 100% vegan smoothie recipes that are naturally rich in protein and will help you get the body you want. Are you a demanding vegan (or wish to become one)? -Are you sick and tired of pseudo vegan recipe books that promote honey or whey protein powder and eggs? -Are you looking for quick and effective solutions to enjoy your vegan lifestyle and boost your nutrition so that you stay energized, happy and in great shape? If the answer yes- you have just found a simple solution |. All the recipes from "Vegan Protein Smoothies" are extremely easy to make and perfect for vegans on a busy schedule. They are designed to give your body and mind optimal nutrition so that you can create a new, stronger and healthier version of yourself. Each Recipe from Vegan Protein Smoothies Includes: -beautiful recipe picture to boost your motivation and help you keep inspired on your journey -a short description packed with information so that you can create your own, personalized superfood recipes that will accompany you for years to come | -easy and informative instructions -mind & body benefits of each smoothie-how to get healthy and fit! With Vegan Protein Smoothies You Will Also Discover: -the best vegan superfoods like spirulina, chia seeds, soy sprouts powder (not soy), flax seeds, hemp seeds, vegan alternatives to honey (there is no honey in the recipes, we keep it 100% vegan) -a rainbow of nutritious fruits and vegetables combined with cruelty free vegan milks and other nutritious ingredients for super vegans! What are you waiting for? Give yourself the nutrients you deserve so that you can create a sexy, healthy, fit body while keeping it cruelty free and safe for the environment- in alignment with your vegan lifestyle! Would You Like To Know More? Order now and start making delicious, vegan protein smoothies today! Scroll to the top of the page and select the "buy" button to get started now! tags on product: vegan, vegan smoothies, vegan cookbooks, vegan recipe book, vegan body building cookbook, vegan diet for beginners, vegan cookery books, vegan protein, vegan protein shakes, vegan protein cookbook, vegan recipes, vegan diet, alkaline, alkaline diet

Book Information

Series: Vegan Cookbooks, Vegan Smoothies, Vegan Smoothie Recipes

Paperback: 62 pages

Publisher: CreateSpace Independent Publishing Platform; 1 edition (February 6, 2016)

Language: English

ISBN-10: 1523919736

ISBN-13: 978-1523919734

Product Dimensions: 6 x 0.2 x 9 inches

Shipping Weight: 5.1 ounces (View shipping rates and policies)

Average Customer Review: 4.2 out of 5 stars 3 customer reviews

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Customer Reviews

Great and simple recipes.

It was ok not great

good smoothie book

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